

## 1% Low Fat Milk



Size: 8 oz. carton  
Item Number: 9171  
Case Size: 50 cartons

### Nutrition Facts

Serving Size 8 fl oz. (236mL)  
Servings Per Container 1

Amount Per Serving

**Calories 100**

	%Daily Value*
<b>Total Fat</b> 2.5g	<b>3%</b>
Saturated Fat 1.5g	<b>8%</b>
Trans Fat 0g	
<b>Cholesterol</b> 10mg	<b>3%</b>
<b>Sodium</b> 105mg	<b>5%</b>
<b>Total Carbohydrate</b> 12g	<b>4%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 13g	
Added sugars 0g	<b>0%</b>

**Protein** 8g

Vitamin A 15% • Iron 0%  
Calcium 25% • Vitamin D 10%  
Potassium 8%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less	65g	80g
Sat. Fat	than	20g	25g
Cholesterol	Less	300mg	300mg
Sodium	than	2,400mg	2,400mg
Total		300g	375g
Carbohydrate		25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** GRADE A LOWFAT MILK, VITAMIN A PALMITATE AND VITAMIN D3.  
**CONTAINS:** MILK

## 1% Low Fat Chocolate Milk



Size: 8 oz. carton  
Item Number: 9175  
Case Size: 50 cartons

### Nutrition Facts

Serving Size 8 fl oz. (236mL)  
Servings Per Container 1

Amount Per Serving

**Calories 130**

	%Daily Value*
<b>Total Fat</b> 2.5g	<b>3%</b>
Saturated Fat 1.5g	<b>8%</b>
Trans Fat 0g	
<b>Cholesterol</b> 10mg	<b>3%</b>
<b>Sodium</b> 130mg	<b>6%</b>
<b>Total Carbohydrate</b> 19g	<b>7%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 18g	
Added sugars 6g	<b>12%</b>

**Protein** 8g

Vitamin A 15% • Iron 0%  
Calcium 25% • Vitamin D 15%  
Potassium 8%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less	65g	80g
Sat. Fat	than	20g	25g
Cholesterol	Less	300mg	300mg
Sodium	than	2,400mg	2,400mg
Total		300g	375g
Carbohydrate		25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** GRADE A LOWFAT MILK, SUGAR, CORN STARCH, COCOA (PROCESSED WITH ALKALI), NATURAL FLAVOR, CARRAGEENAN, SALT, VITAMIN A PALMITATE AND VITAMIN D3.  
**CONTAINS:** MILK

## Fat Free Strawberry Milk



Size: 8 oz. carton  
Item Number: 9177  
Case Size: 50 cartons

### Nutrition Facts

Serving Size 8 fl oz. (236mL)  
Servings Per Container 1

Amount Per Serving

**Calories 120**

	%Daily Value*
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> <5mg	<b>1%</b>
<b>Sodium</b> 95mg	<b>4%</b>
<b>Total Carbohydrate</b> 22g	<b>8%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 22g	
Added sugars 11g	<b>22%</b>

**Protein** 8g

Vitamin A 15% • Iron 0%  
Calcium 20% • Vitamin D 15%  
Potassium 8%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less	65g	80g
Sat. Fat	than	20g	25g
Cholesterol	Less	300mg	300mg
Sodium	than	2,400mg	2,400mg
Total		300g	375g
Carbohydrate		25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** GRADE A SKIM MILK, SUGAR, WATER, NATURAL FLAVOR, VEGETABLE JUICE COLOR, VITAMIN A PALMITATE AND VITAMIN D3.  
**CONTAINS:** MILK

## Skim Milk



Size: 8 oz. carton  
Item Number: 9173  
Case Size: 50 cartons

### Nutrition Facts

Serving Size 8 fl oz. (236mL)  
Servings Per Container 1

Amount Per Serving

**Calories 80**

	%Daily Value*
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> <5mg	<b>1%</b>
<b>Sodium</b> 105mg	<b>5%</b>
<b>Total Carbohydrate</b> 12g	<b>4%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 12g	
Added sugars 0g	<b>0%</b>

**Protein** 9g

Vitamin A 15% • Iron 0%  
Calcium 20% • Vitamin D 10%  
Potassium 8%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less	65g	80g
Sat. Fat	than	20g	25g
Cholesterol	Less	300mg	300mg
Sodium	than	2,400mg	2,400mg
Total		300g	375g
Carbohydrate		25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** GRADE A SKIM MILK, VITAMIN A PALMITATE AND VITAMIN D3.  
**CONTAINS:** MILK

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## Vitamin D Milk



Size: 8 oz. carton  
Item Number: 9165  
Case Size: 50 cartons

### Nutrition Facts

Serving Size 8 fl oz. (236mL)  
Servings Per Container 1

Amount Per Serving

**Calories 150**

	%Daily Value*
<b>Total Fat</b> 8g	<b>10%</b>
Saturated Fat 4.5g	<b>23%</b>
Trans Fat 0g	
<b>Cholesterol</b> 25mg	<b>8%</b>
<b>Sodium</b> 105mg	<b>5%</b>
<b>Total Carbohydrate</b> 11g	<b>4%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 11g	
Added sugars 0g	<b>0%</b>

**Protein** 8g

Vitamin A 10% • Iron 0%  
Calcium 20% • Vitamin D 15%  
Potassium 6%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Sat. Fat	than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	than 2,400mg	2,400mg
Total	300g	375g
Carbohydrate	25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** GRADE A WHOLE MILK AND VITAMIN D3.  
**CONTAINS:** MILK

## 2% Reduced Fat Milk



Size: 8 oz. carton  
Item Number: 9168  
Case Size: 50 cartons

### Nutrition Facts

Serving Size 8 fl oz. (236mL)  
Servings Per Container 1

Amount Per Serving

**Calories 120**

	%Daily Value*
<b>Total Fat</b> 5g	<b>6%</b>
Saturated Fat 3g	<b>15%</b>
Trans Fat 0g	
<b>Cholesterol</b> 20mg	<b>7%</b>
<b>Sodium</b> 115mg	<b>5%</b>
<b>Total Carbohydrate</b> 12g	<b>4%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 12g	
Added sugars 0g	<b>0%</b>

**Protein** 8g

Vitamin A 15% • Iron 0%  
Calcium 20% • Vitamin D 10%  
Potassium 8%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Sat. Fat	than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	than 2,400mg	2,400mg
Total	300g	375g
Carbohydrate	25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** GRADE A REDUCED FAT MILK, VITAMIN A PALMITATE AND VITAMIN D3.  
**CONTAINS:** MILK

## Chocolate Milk



Size: 8 oz. carton  
Item Number: 25482  
Case Size: 50 cartons

### Nutrition Facts

Serving Size 8 fl oz. (236mL)  
Servings Per Container 1

Amount Per Serving

**Calories 210**

	%Daily Value*
<b>Total Fat</b> 7g	<b>9%</b>
Saturated Fat 4.5g	<b>23%</b>
Trans Fat 0g	
<b>Cholesterol</b> 20mg	<b>7%</b>
<b>Sodium</b> 180mg	<b>8%</b>
<b>Total Carbohydrate</b> 27g	<b>10%</b>
Dietary Fiber <1g	<b>3%</b>
Total Sugars 25g	
Added sugars 13g	<b>26%</b>

**Protein** 8g

Vitamin A 10% • Iron 6%  
Calcium 20% • Vitamin D 15%  
Potassium 8%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Sat. Fat	than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	than 2,400mg	2,400mg
Total	300g	375g
Carbohydrate	25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** GRADE A MILK, SUGAR, NONFAT DRY MILK, COCOA (PROCESSED WITH ALKALI), CORN STARCH, SALT, CARRAGEENAN, VANILLIN AND VITAMIN D3.  
**CONTAINS:** MILK

## Fat Free Chocolate Milk



Size: 8 oz. carton  
Item Number: 9178  
Case Size: 50 cartons

### Nutrition Facts

Serving Size 8 fl oz. (236mL)  
Servings Per Container 1

Amount Per Serving

**Calories 110**

	%Daily Value*
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> 5mg	<b>2%</b>
<b>Sodium</b> 190mg	<b>8%</b>
<b>Total Carbohydrate</b> 19g	<b>6%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 18g	
<b>Protein</b> 8g	<b>16%</b>

Vitamin A 10% • Iron 0%  
Calcium 30% • Vitamin D 25%  
Vitamin C 0%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories: 2,000	2,500
Total Fat	Less than 65g	80g
Sat. Fat	than 20g	25g
Cholesterol	Less than 300mg	300mg
Sodium	than 2,400mg	2,400mg
Total	300g	375g
Carbohydrate	25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** GRADE A SKIM (FAT FREE) MILK, SUGAR, COCOA (PROCESSED WITH ALKALI), CORN STARCH, SALT, MALTODEXTRIN, CARRAGEENAN, NATURAL FLAVORS, VITAMIN A PALMITATE AND VITAMIN D3.  
**CONTAINS:** MILK

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## Fat Free Vanilla Shake Flavored Milk



**Size: 8 oz. carton**  
**Item Number: 10198**  
**Case Size: 50 cartons**

### Nutrition Facts

Serving Size 8 fl oz. (236mL)  
 Servings Per Container 1

Amount Per Serving

**Calories 120**

	%Daily Value*
<b>Total Fat</b> 0g	<b>0%</b>
Saturated Fat 0g	<b>0%</b>
Trans Fat 0g	
<b>Cholesterol</b> <5mg	<b>1%</b>
<b>Sodium</b> 115mg	<b>5%</b>
<b>Total Carbohydrate</b> 22g	<b>8%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 22g	
Added sugars 11g	<b>22%</b>

**Protein** 8g

Vitamin A 15% • Iron 0%  
 Calcium 20% • Vitamin D 15%  
 Potassium 8%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	than	2,400mg	2,400mg
Total		300g	375g
Carbohydrate		25g	30g

Calories per gram:  
 Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** GRADE A SKIM MILK, SUGAR, CORN STARCH, GUAR GUM, NATURAL FLAVOR, SALT, VITAMIN A PALMITATE AND VITAMIN D3.  
**CONTAINS: MILK**

## 1% Lowfat Vanilla Shake Flavored Milk



Coming Soon and Available for the 2019-2020 School Year!

**Size: 8 oz. carton**  
**Item Number: 30353**  
**Case Size: 50 cartons**

### Nutrition Facts

Serving Size 8 fl oz. (236mL)  
 Servings Per Container 1

Amount Per Serving

**Calories 140**

	%Daily Value*
<b>Total Fat</b> 2.5g	<b>3%</b>
Saturated Fat 1.5g	<b>8%</b>
Trans Fat 0g	
<b>Cholesterol</b> 10mg	<b>3%</b>
<b>Sodium</b> 105mg	<b>5%</b>
<b>Total Carbohydrate</b> 22g	<b>8%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 22g	
Added sugars 10g	<b>20%</b>

**Protein** 8g

Vitamin A 15% • Iron 0%  
 Calcium 25% • Vitamin D 15%  
 Potassium 8%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	than	2,400mg	2,400mg
Total		300g	375g
Carbohydrate		25g	30g

Calories per gram:  
 Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** FAT FREE MILK, SUGAR, CARAGEENAN, NATURAL FLAVOR, VITAMIN A PALMITATE AND VITAMIN D3.  
**CONTAINS: MILK**

## 1% Lowfat Strawberry Milk



Coming Soon and Available for the 2019-2020 School Year!

**Size: 8 oz. carton**  
**Item Number: 30352**  
**Case Size: 50 cartons**

### Nutrition Facts

Serving Size 8 fl oz. (236mL)  
 Servings Per Container 1

Amount Per Serving

**Calories 140**

	%Daily Value*
<b>Total Fat</b> 2.5g	<b>3%</b>
Saturated Fat 1.5g	<b>8%</b>
Trans Fat 0g	
<b>Cholesterol</b> 10mg	<b>3%</b>
<b>Sodium</b> 105mg	<b>5%</b>
<b>Total Carbohydrate</b> 22g	<b>8%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 22g	
Added sugars 9g	<b>18%</b>

**Protein** 8g

Vitamin A 15% • Iron 0%  
 Calcium 25% • Vitamin D 15%  
 Potassium 8%

\* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	than	2,400mg	2,400mg
Total		300g	375g
Carbohydrate		25g	30g

Calories per gram:  
 Fat 9 • Carbohydrate 4 • Protein 4

**INGREDIENTS:** LOWFAT MILK, SUGAR, CARRAGEENAN, NATURAL FLAVOR, BEET JUICE COLOR, VITAMIN A PALMITATE AND VITAMIN D3.  
**CONTAINS: MILK**

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