

Hiland Half & Half




Hiland[®]
DAIRY FOODS 

Locally Made.
Naturally Delicious.™





Ultra-Pasteurized
Half & Half Quart



Fresh Half & Half Quart



Nutrition Facts

Serving Size 2 Tbsp (30mL)
Servings Per Container About 32

Amount Per Serving	
Calories 40	
	%Daily Value*
Total Fat 3g	4%
Saturated Fat 2g	10%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 15mg	1%
Total Carbohydrate 1g	0%
Dietary Fiber 0g	0%
Sugars 0g	
Protein <1g	
Vitamin D 6%	Vitamin A 4%
Calcium 2%	Iron 0%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

INGREDIENTS: GRADE A MILK AND CREAM. **CONTAINS:** MILK

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PRODUCT	ITEM NUMBER	CASE COUNT
Ultra-Pasteurized Half & Half Paper Quart	13557	16
Ultra-Pasteurized Half & Half Plastic Quart	13557	9
Fresh Half & Half Plastic Quart	25148	9

