

**Hiland**[®]
DAIRY FOODS **FARMER OWNED**

Locally Made.
Naturally Delicious.[™]



SEASONAL FLAVORED MILK QUARTS

Limited Edition Pumpkin Spice, Peppermint Mocha, and Chocolate Mint milks in Bright, Festive Packaging

PUMPKIN SPICE FLAVORED MILK

A Quart of Crisp Fall Air

ITEM NUMBER
25449



INGREDIENTS:
MILK, SUGAR, SKIM
MILK, WHEY, EGGS,
GUAR GUM, SPICES,
CARAMEL COLOR,
CARRAGEENAN, SALT,
YELLOW #6, ARTIFICIAL
FLAVOR, RED#40,
VITAMIN D3.
CONTAINS: MILK

32 OZ (946 ML)

**16 UNITS
PER CASE**

Nutrition Facts

4 servings per container
Serving size 1 Cup (240mL)

Amount per serving
Calories 280

% Daily Value*

| | |
|-------------------------------|------------|
| Total Fat 9g | 12% |
| Saturated Fat 5g | 25% |
| Trans Fat 0g | |
| Cholesterol 60mg | 20% |
| Sodium 450mg | 20% |
| Total Carbohydrate 41g | 15% |
| Dietary Fiber 0g | 0% |
| Total Sugars 40g | |
| Includes 26g Added Sugars | 52% |
| Protein 10g | |
| Vitamin D 2.5mcg | 15% |
| Calcium 350mg | 25% |
| Iron 0.2mg | 2% |
| Potassium 480mg | 10% |

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



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CHOCOLATE MINT FLAVORED MILK

A Quart of Cozy Snow Days

ITEM NUMBER
25448



INGREDIENTS:
MILK, SUGAR,
ALKALIZED COCOA,
COCOA, CORNSTARCH,
SALT, CARRAGEENAN,
NATURAL AND
ARTIFICIAL FLAVOR,
VITAMIN D3.
CONTAINS: MILK

32 OZ (946 ML)

16 UNITS
PER CASE

Nutrition Facts

4 servings per container
Serving size 1 Cup (240mL)

Amount per serving
Calories 210

% Daily Value*

| | |
|-------------------------------|------------|
| Total Fat 8g | 10% |
| Saturated Fat 4.5g | 23% |
| Trans Fat 0g | |
| Cholesterol 30mg | 10% |
| Sodium 220mg | 10% |
| Total Carbohydrate 27g | 10% |
| Dietary Fiber 1g | 4% |
| Total Sugars 25g | |
| Includes 15g Added Sugars | 30% |
| Protein 8g | |
| Vitamin D 2.5mcg | 15% |
| Calcium 270mg | 20% |
| Iron 0.7mg | 4% |
| Potassium 410mg | 8% |

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



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PEPPERMINT MOCHA FLAVORED MILK

A Quart of Holiday Cheer

ITEM # 35739



INGREDIENTS:
MILK, SUGAR, COFFEE
EXTRACT, ALKALIZED
COCOA, NATURAL
FLAVORS, MODIFIED
CORN STARCH,
CARRAGEENAN, GUAR
GUM, VITAMIN D3.
CONTAINS: MILK

32 OZ (946 ML)

**16 UNITS
PER CASE**

Nutrition Facts

4 servings per container
Serving size 1 Cup (240mL)

Amount per serving
Calories 210

% Daily Value*

| | |
|-------------------------------|------------|
| Total Fat 8g | 10% |
| Saturated Fat 6g | 30% |
| Trans Fat 0g | |
| Cholesterol 35mg | 12% |
| Sodium 125mg | 5% |
| Total Carbohydrate 41g | 15% |
| Dietary Fiber 0g | 0% |
| Total Sugars 40g | |
| Includes 28g Added Sugars | 56% |
| Protein 9g | |
| Vitamin D 2.5mcg | 15% |
| Calcium 310mg | 25% |
| Iron 0.5mg | 2% |
| Potassium 500mg | 10% |

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



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