

# Cottage Cheese *August's Featured Product*

+5%

*Sales Goal*



- The average American eats 1.9 pounds of cottage cheese every year
- Cottage cheese has nearly 80% casein protein which helps with satiety and appetite control
- Cottage cheese can be used in many different ways like as a dip, toast spread, or in smoothies
- We offer a variety of sizes and milk fat content

**Hiland**  
DAIRY FOODS FARMER OWNED

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Naturally Delicious.™