



- The average American eats 1.9 pounds of cottage cheese every year
- Cottage cheese has nearly 80% casein protein which helps with satiety and appetite control
- Cottage cheese can be used in many different ways like as a dip, toast spread, or in smoothies
- We offer a large variety of sizes, milk fat content, and flavors including perfectly snackable cups




# COTTAGE CHEESE

## March's Featured Product

